






Latitude Sports Clubs Pool Program

116 Pleasant Valley St. Methuen Ma.

Effective 3/23/10

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
	9:00-10:00 A.M Aqua-Fit CHRIS	8:30-9:30 A.M Aqua-Fit Chris	9:00-10:00 A.M Aqua-Fit Sharon	9:00-10:00 A.M Aqua-Fit Maureen	9:00-10:00 A.M Aqua-Fit Chris	9:00-10:00 A.M Aqua Fit Alternating
		9:30-10:30A.M American Red+ Swim Lessons Pre-Registration Required				10:00-3:30 P.M American Red Cross Swim Lessons. Pre-Registration required
	10:30-11:30 A.M Gentle Water Sharon		10:30-11:30 A.M Gentle Water Sharon		10:30-11:30 A.M Gentle Water Sharon	
1:00-2:00 P.M Family Swim	12:00-1:00 P.M Family Swim		12:00-1:00 P.M Family Swim			
	3:30-6:00 P.M American Red + Swim Lessons Pre-Registration Required.	3:30-6:00P.M American Red + Swim Lessons Pre-Registration Required.	3:30-6:00 P.M American Red + Swim Lessons Pre-Registration Required.	3:30-6:00 P.M American Red + Swim Lessons Pre-Registration Required.		
	5:30-6:30 P.M Aqua-Fit Sharon	6:30-7:30 P.M FAMILY SWIM		5:30-6:30 P.M Aqua Fit Valerie	5:30-6:30 P.M FAMILY SWIM	