

LATITUDE™ sports clubs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					7:00-7:55 AQUA ZUMBA! Susan
					7:30-8:30 MASTERS SWIM
	9:00-10:00 WATERWORKS Jane		9:00-10:00 WATERWORKS Jane	9:00-10:00 WATERWORKS Charlene	8:00-11:30 CHILDREN'S SWIM LESSONS
9:45-10:30 WATERWORKS Stephanie		9:45-10:30 WATERWORKS Charlene			
	10:00-11:00 GENTLE WATER Helene	*11:00-12:00 FAMILY SWIM (6mo-9yr)	10:00-11:00 GENTLE WATER Helene	10:30-12:30 CHILDREN'S SWIM LESSONS	
11:00-12:00 ARTHRITIS AQUATIC PROGRAM	11:30-12:30 CHILDREN'S SWIM LESSONS		11:00-12:00 ARTHRITIS AQUATIC PROGRAM		
	*1:00-2:00 FAMILY SWIM (6mo-9yr)			*1:00-2:00 FAMILY SWIM (6mo-9yr)	
*3:00-4:00 FAMILY SWIM (6mo-9yr)	3:00-6:30 CHILDREN SWIM LESSONS		*3:00-4:00 FAMILY SWIM (6mo-9yr)		*3:30-4:30 FAMILY SWIM (6mo-9yr)
4:00-6:00 CHILDREN'S SWIM LESSONS		4:00-6:00 CHILDREN'S SWIM LESSONS		4:00-6:00 CHILDREN'S SWIM LESSONS	
	5:00-6:00 WATERWORKS Erin	6:00-7:00 ADULT SWIM LESSONS	5:00-6:00 WATERWORKS Jane		
6:00-7:00 WATERWORKS Charlene	6:00-7:00 MASTERS SWIM	6:00-7:00 AQUA ZUMBA! Janet	6:00-7:00 MASTERS SWIM		
6:00-7:00 SWIM TEAM		6:00-7:00 SWIM TEAM		6:00-7:00 SWIM TEAM	
7:00-8:30 SWIM TEAM	7:00-8:30 SWIM TEAM	7:00-8:30 SWIM TEAM	7:00-8:00 NO LIMITS TRI TEAM	7:00-8:30 SWIM TEAM	
*Must be a member	to bring children to	family swim.			